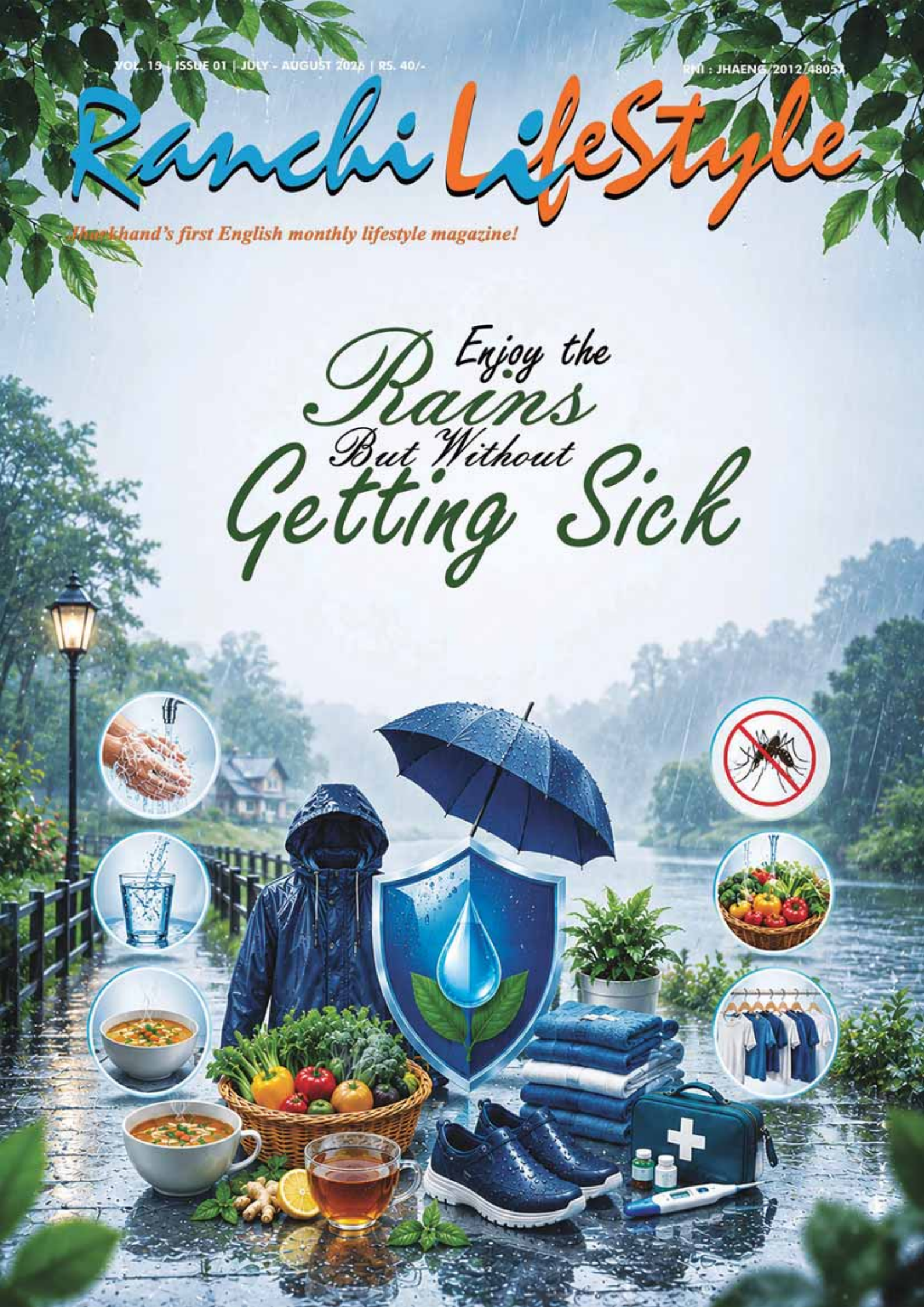


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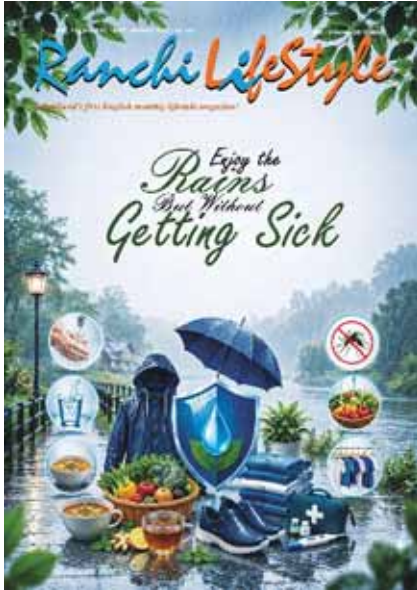
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# EDITOR'S NOTE

**Publisher**

Santosh Kumar

**Editor**

Santosh

**Reporter**

Amarjeet Gupta

**Legal Adviser**

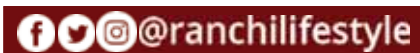
Satyendra Pd. Singh  
(Advocate)

**Photographer**

Vivek Prasad

**Design & Concept**

Yellow Information Pages



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## Dear Readers,

As the refreshing monsoon breathes new life into nature, it also marks a landmark moment in the journey of **Ranchi Lifestyle**. With immense pride and gratitude, we celebrate the successful completion of **15 remarkable years** as **Jharkhand's first English monthly lifestyle magazine**. What began as a vision to showcase the vibrant spirit, achievements and aspirations of our state has today grown into a trusted platform that connects communities, celebrates excellence and inspires positive change.



This milestone belongs not only to us but to every reader, advertiser, contributor, partner and well-wisher who has believed in our mission. Your unwavering encouragement has been the driving force behind our success, and we extend our heartfelt gratitude for being an invaluable part of this extraordinary journey.

In this edition, we present a thoughtful blend of health, culture and inspiration. Our cover story, "**Enjoy the Rains, But Without Getting Sick**," offers practical guidance for staying healthy during the monsoon. We proudly celebrate **Dr. Megha Rani's** historic achievement as the **World's Fastest Hindi Writer**, relive the glamour of the **WAMS Mr., Miss & Mrs. Jharkhand Beauty Pageant 2026**, honour outstanding achievers at the **7th Jharkhand Excellence Awards 2026**, explore the spiritual essence of **Sacred Sawan**, and highlight the importance of equality and inclusion through **EIDF's National Seminar on Human Rights**.

As we step into our sixteenth year, we reaffirm our commitment to delivering authentic stories, meaningful journalism and inspiring narratives that reflect the true spirit of Jharkhand.

Thank you for walking this remarkable journey with us. Here's to many more years of celebrating people, progress and possibilities

Happy reading!

Warm regards,  
Santosh Kumar  
Publisher

**Ranchi Lifestyle**  
2nd Floor, Info Centre, Kokar Ranchi - 834001 (Jharkhand)  
T: +91-651-3533797 / E-mail: [ranchilifestyle@gmail.com](mailto:ranchilifestyle@gmail.com)

**Contact**

Advertising : +91-9661197711  
Editorial : +91-9661197711  
Subscription : +91-8407044441  
Email : [ranchilifestyle@gmail.com](mailto:ranchilifestyle@gmail.com)  
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### **BRONZE GLORY RETURNS HOME: JHARKHAND'S HOCKEY STARS RECEIVE A HEROIC WELCOME IN RANCHI**

Celebrations filled Bhagwan Birsa Munda Airport as members of the Indian women's hockey team returned home after winning the bronze medal at the Under-18 Women's Asia Cup in Japan. The Indian squad featured six talented players from Jharkhand, including Khilli Kumari, Suman Sanga and Neelam Toppo, students of CM School of Excellence Girls, Bariatu, Ranchi. A large crowd gathered at the airport to welcome the young achievers, where Bariatu Residential Hockey Centre coach Karuna Purti, school principal Deepak Kumar, teacher Akshay Kumar and family members greeted them with garlands, flowers and sweets.

The celebrations also honoured two players from the Indian men's hockey team who returned after being part of the gold medal-winning squad at the Asia Cup, adding another proud chapter to Jharkhand's growing legacy in Indian hockey. The warm reception reflected the excitement surrounding the achievements of the state's young players, who have brought national recognition to Jharkhand through their performances on the international stage.

Coach Karuna Purti said the players later left for Khunti, where a special

elicitation programme was organised in their honour, followed by celebrations in their respective villages. Principal Deepak Kumar described the achievement as a proud moment for the entire school and said the players had once again brought recognition to the institution. He added that after their return from their villages, the school would welcome and honour its young hockey stars in a traditional ceremony.



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### **HUMAN HELPLINE SEWA SANGATHAN STRENGTHENED ITS MISSION OF SERVICE WITH NEW MEMBERS AND A WIDER VISION**

Human Helpline Sewa Sangathan organised an important meeting at SheetalAgni Restaurant in Bariatu on July 9, bringing together members of the organisation and several citizens for a discussion on its social initiatives, responsibilities and future roadmap. The gathering also marked a significant moment for the organisation as Anjan Kumar Singh, Dev Kumar Singh, Arun Kumar Kushwaha and Rohit Kumar Gupta formally joined as new members. They were welcomed with membership certificates and took an oath of dedication, confidentiality and sincere service towards the organisation and its larger social mission.

Speaking on the occasion, organisation president Satyajit Kumar said the group has been working consistently to reach every needy person with support, service and justice. He underlined that the organisation is committed to functioning with transparency, discipline and a strong spirit of public welfare, and that every member is expected to contribute actively to causes related to social good and national interest. He also shared the organisation's vision of expanding its footprint beyond Jharkhand and building a wider presence across India in the coming years.

Vice President Jitendra Kumar Singh welcomed the new members and familiarised them with the organisation's objectives, urging them to become active participants in social service. General Secretary Satyendra Prasad Singh, in his vote of thanks, expressed gratitude to all office-bearers and members for their cooperation and commitment, saying that the organisation's continued progress was possible only because of collective dedication. The meeting witnessed the presence of several members and office-bearers, reinforcing the organisation's growing network and its commitment to expanding meaningful social outreach.



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Warm regards,  
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**WHERE AI MET THE MOUNTAINS: BIT MESRA'S FDP PUT CLIMATE INTELLIGENCE AND DATA INNOVATION IN FOCUS**

The Department of Quantitative Economics and Data Science at BIT Mesra launched a week-long Faculty Development Programme on "Artificial Intelligence for Hyperspectral Data Analytics", bringing together researchers, academicians and scholars from across the country. Organised in collaboration with the E&ICT Academy NIT Patna and supported by the Ministry of Electronics and Information Technology, the programme focuses

on emerging intersections of artificial intelligence, climate intelligence and advanced geospatial data analytics. A major highlight of the inaugural session was the launch of HimClimEx – an AI-powered climate intelligence and visualisation platform designed to analyse over a century of Himalayan climate data, monitor long-term trends and support AI-based forecasting.

The inaugural session featured Dr. Anoop Kumar Das as chief guest, who spoke about the possibilities emerging from earth observation, geospatial analytics and the joint NASA-ISRO NISAR mission. Senior academicians including Prof. Ashok Sharan and Prof. Raju Poddar also emphasised the growing importance of innovation, sustainability and interdisciplinary research in shaping the future of technology-driven education and scientific inquiry.

Around 90 faculty members, researchers and scholars from across India are participating in the FDP. Technical sessions led by Prof. P. K. Garg and Dr. Dilip K. Singh focused on hyperspectral imaging, remote sensing and sensor technologies, making the programme a strong platform for knowledge-sharing and cutting-edge research. Emerging as an important academic initiative, the FDP is positioning itself as a meaningful space for exploring how AI can transform climate studies, remote sensing and next-generation data science applications.

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### **SPEAK TO LEAD: JCI RANCHI TRAINED YOUNG MINDS IN COMMUNICATION, CONFIDENCE AND LEADERSHIP**

To sharpen the communication and leadership abilities of young students, JCI Ranchi organised a special training programme titled "Speak to Lead" under its "One Team One Vision" and "Lead Connect Evolve 26" initiatives. Held at the JCI office, the programme was designed for students from Classes 9 to 12 with the aim of strengthening their public speaking skills, stage confidence and leadership qualities. During the session, students were guided on overcoming stage fear, making effective presentations and expressing their ideas with clarity and confidence. Trainers also highlighted how strong communication

skills play a key role in school life, college admissions, group discussions and job interviews.

The training session was led by expert faculty members Abhishek Kedia and Nikhil Agrawal, who engaged students through interactive activities and practical examples. Along with public speaking, the workshop also focused on leadership, decision-making, team management and professional communication, giving participants a broader perspective on the skills needed to grow into confident and capable individuals. Students described the training as highly useful, inspiring and confidence-building.

The programme was attended by JCI Ranchi President Abhishek Jain, Secretary Saket Agrawal, along with Aditya Jalan, Rishabh Agrawal, Abhinav Anoop Garg and JJ Adyant Tantia, among other office-bearers. Through this initiative, JCI Ranchi once again underlined the importance of equipping students not just with academic knowledge, but also with the confidence, communication skills and leadership mindset needed to thrive in a competitive future.



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**PLANTING HOPE, NURTURING TOMORROW: SHIVA FOUNDATION PROMOTED GREEN LIVING THROUGH TREE AWARENESS DRIVE**

Marking World Environment Week, Shiva Foundation organised a plantation awareness programme at Dance Vance under the nationwide "Ek Ped Maa Ke Naam" campaign. The initiative aimed to inspire children and families to develop a deeper connection with nature while encouraging environmental responsibility. The programme was attended by Trustee Deepak Banka as the chief guest, along with Amit Kumar, Shivam Manoharan, Raj Lakshmi Mishra, Sanjeet Gadi and Sunny Munda as special guests. During the event, 75 fruit-bearing and shade-giving saplings of different varieties were distributed among children and their parents.

Addressing the gathering, speakers highlighted the vital role of trees in sustaining life and maintaining ecological balance. They noted that the "Ek Ped Maa Ke Naam" campaign not only promotes environmental conservation but also symbolises gratitude and respect for motherhood. Participants were encouraged to nurture the saplings with the same care and commitment that a mother devotes to her children, ensuring that the plants grow into valuable contributors to a greener future.

The initiative received an enthusiastic response from both children and parents, who appreciated the message behind the campaign. The programme concluded with a collective pledge to protect the environment and responsibly care for the saplings distributed during the event. Through such awareness-driven activities, the organisers sought to encourage sustainable habits and inspire the younger generation to become active custodians of nature.



**CELEBRATING EXCELLENCE: MARWARI SAMMELAN HONoured 145 YOUNG ACHIEVERS ACROSS ACADEMICS AND BEYOND**

A grand Talent Felicitation Ceremony organised by the Ranchi Zila Marwari Sammelan at Marwari Bhawan celebrated the achievements of 145 meritorious students and young professionals who excelled in academics, sports and various professional fields. The event was presided over by District President Sajjan Padiya and attended by a large gathering of students, parents and community members. Addressing the audience as chief guest, Dr. Saroj Sharma said that discipline, hard work, humility, self-confidence, patience and determination were the foundations of success. She noted that recognising talent not

only rewards achievement but also motivates others to pursue excellence.

The ceremony honoured 125 students who secured more than 85 percent marks in the CBSE and ICSE Class 10 and Class 12 examinations. In addition, 20 young achievers were recognised for their accomplishments in professional fields such as MBA, Chartered Accountancy, PhD, JET and other competitive disciplines. Special honours were also presented to sportspersons who delivered outstanding performances in karate, wrestling and yoga. Speaking on the occasion, special guest Anand Pasari described education and values as the greatest assets of society and encouraged students to continue striving for excellence.

All awardees were presented with mementoes, certificates of appreciation, books and bouquets in recognition of their achievements. The programme was jointly conducted by Nirmal Kumar Budhia and Vishal Padiya, while the vote of thanks was delivered by Kamlesh Sancheti. The event concluded on a celebratory note, highlighting the importance of encouraging young talent and fostering a culture of academic, professional and personal excellence within the community.



### 120 PAGES IN 120 MINUTES: RANCHI'S DR MEGHA RANI CREATED HISTORY AS THE WORLD'S FASTEST HINDI WRITER

Ranchi's daughters continue to make their mark on the global stage, and adding another remarkable chapter to that story is noted Hindi author Dr Megha Rani, who has earned worldwide recognition through an extraordinary display of writing excellence. In an astonishing feat, she wrote 120 original handwritten pages in just 120 minutes, creating a new World Record. On July 2, the Book of World Records officially recognised this historic achievement, making her the world's fastest Hindi handwriting writer and bringing immense pride to Jharkhand.

The most remarkable aspect of this record is that Dr Megha did not simply write for speed. Over the course of two uninterrupted hours, she penned an entirely original manuscript highlighting Jharkhand's glorious history, rich cultural heritage and unique traditions. This historic manuscript is now set to be published as a book, with all 120 pages already sent for publication. Calling the achievement a tribute to her mother tongue, Hindi, and her homeland, Jharkhand, Dr Megha said that if her journey inspires young people, especially girls, to dream bigger and believe in themselves, it would be the greatest honour of her life.

Dr Megha's record-breaking journey began in January with her first attempt in Jaipur, followed by a live online world record attempt in May before an international panel of judges. After a rigorous evaluation and verification process, the feat was officially registered by the Book of World Records and the Influencer Book of World Records. Preparations are now underway to submit the achievement to the London Book of World Records and the Asian Book of Records. A prolific writer on women's issues and social concerns for the past seven years, Dr Megha has previously earned international recognition for her book *Shri Krishna Leela*. She has also been honoured with prestigious accolades, including the Rashtriya Gaurav Puraskar 2025 and the Vishwa Ratna Samman.





### **GATHER & GROW 2.0: THE ONE WHERE IDEAS MET, MINGLED AND MULTIPLIED AT CREA-ECO**

Ranchi: CREA-ECO (Creative Ecosystem), a community-building initiative founded by Ruchi Sinha and Neha Kewat, brought together more than 30 of Ranchi's creative minds for an engaging gathering at Be Café on July 4. Bringing diverse talents under one roof, the event created a vibrant space where creativity, conversations and possibilities for collaboration came together, further strengthening a growing community of individuals connected by their passion for creative expression. The gathering witnessed participation from painters, movement therapists, photographers, videographers, book reviewers, journalists, bakers, advocates and professionals from several other creative fields. Keynote sessions added further depth to the event, featuring a dentist-turned-poet and lyricist, a prominent local studio owner, and two sisters behind one of Ranchi's popular cloud-kitchen bakeries. Through their journeys and experiences, the speakers offered insights into the many ways passion, creativity and profession can intersect, inspiring participants to look beyond conventional boundaries and explore new possibilities within their respective fields.

Adding an interactive twist to the gathering was a creative game session in which participants were randomly paired and challenged to conceptualise a brand idea within just two minutes. Each pair then pitched their idea before the gathering, turning the activity into an engaging exercise in spontaneous thinking, teamwork and creativity. The session not only brought an element of fun to the event but also encouraged participants from different professional backgrounds to interact, combine their perspectives and create something together within a limited time. Beyond the

structured sessions, the gathering offered participants an opportunity to exchange experiences, discover shared interests and explore potential collaborations. Conversations initiated during the event extended beyond casual networking, with new connections and creative ideas emerging among people who may otherwise have never crossed paths professionally. Some of these interactions have already opened doors to collaborations and projects, reflecting the larger purpose behind CREA-ECO.

At a time when creative professionals often work within their own individual circles, CREA-ECO is emerging as a distinctive community-driven initiative in Ranchi, creating a common space for people from varied creative disciplines to connect and collaborate. By bringing artists, entrepreneurs, storytellers and other creative professionals together on one platform, the initiative seeks to encourage an ecosystem where ideas can be exchanged freely and collaborations can develop organically. Through such gatherings, CREA-ECO continues to contribute towards building a more connected creative community in the city, one where individuals can find inspiration, discover opportunities and grow alongside one another.



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### **WAMS MODELING INSTITUTE CONCLUDES MR., MISS & MRS. JHARKHAND BEAUTY PAGEANT 2026 WITH GRAND FINALE**

WAMS Modeling Institute successfully concluded the Mr., Miss & Mrs. Jharkhand Beauty Pageant 2026 along with the JHAR RAFT NXT Fashion Show, celebrating talent, confidence and fashion excellence. Participants from Jharkhand and several other states showcased remarkable poise, personality and runway skills in a vibrant competition.

After an intense finale, Vaishnavi Tripathi was crowned Miss Jharkhand 2026, Anas Rahman won the Mr. Jharkhand 2026 title, Mahira secured the Miss Teen Jharkhand 2026 crown, while Monalisa Soren was crowned Mrs. Jharkhand 2026. Smriti Lodh was declared the First Runner-up in the Miss Jharkhand category.

The winners were honoured with trophies, crowns, sashes and a cash prize of ₹5,100 each. The event was judged by an eminent panel comprising Sadhana Jha Kumar, Dr. Sweta, Mrs. Nila Sen Gupta, Sonali Bhattacharya, Ridhima Agarwal, Dr. Prity Kumari, Riya Nandani and Priyanshu.

The programme featured stunning collections by designers including Lakme Academy, Dream Dresses Rental, At Haircraft, Diva N Dude, Nilima Hassa Purty, Eshika, Sajan, Sajkar and Shreya. Choreographers Shweta Sharna, Rohit Kr. Tiwari, Sudip Singh Rajput, Priya Khess, Raj Ranjan, Dr. Sushmita Bhanja, Chand Verma and Vivek Kr. Saw played a key role in the event's success.

Organisers stated that WAMS Modeling Institute remains committed to providing aspiring talents with a professional platform to pursue successful careers in fashion and modelling.





### CELEBRATING EXCELLENCE: KUMHAR MAHASABHA HONoured YOUNG ACHIEVERS AND COMMUNITY ROLE MODELS

The Jharkhand Kumhar Mahasabha organised a Talent Felicitation Ceremony at Digambar Jain Bhawan to recognise academic excellence and outstanding contributions within the community. The programme was inaugurated with the ceremonial lighting of the lamp in the presence of chief guest Roshni Khalkho and other dignitaries. As part of the celebration, the Mahasabha honoured 95 students from the community who secured commendable marks in the Class 10 and Class 12 examinations conducted by JAC, CBSE and ICSE boards in 2026.

The event also recognised educators who have made significant contributions to the field of education, acknowledging their role in shaping future generations. In addition, eight individuals who brought pride to the community through achievements in various fields were presented with special commendation certificates. The ceremony reflected the organisation's commitment to encouraging academic excellence and celebrating inspiring success stories within the community.

The programme was presided over by State President Raju Kumar Prajapati, while the proceedings were conducted by Sports and Culture Minister Shwet Kamal. Organisers noted that such initiatives not only motivate young achievers but also strengthen the culture of education and excellence among future generations. The event witnessed active participation from several office-bearers and community leaders, making it a memorable celebration of talent, dedication and achievement.



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### 7TH JHARKHAND EXCELLENCE AWARDS 2026 HONOURS OUTSTANDING ACHIEVERS ACROSS DIVERSE FIELDS

The 7th Jharkhand Excellence Awards-2026, organised by the Youth Hostels Association of India (YHAI), Jharkhand State Branch and Ranchi Unit, in collaboration with Ranchi University and supported by event management partners, was held with great grandeur at the Aryabhata Auditorium, Ranchi University, Morabadi on Thursday.

The ceremony was graced by Hon'ble Governor of Jharkhand, Shri Santosh Kumar Gangwar, as the Chief Guest. Hon'ble Union Minister of State for Defence, Shri Sanjay Seth, Shri C.P. Singh, MLA, Ranchi, Ranchi University Vice-Chancellor Prof. (Dr.) Saroj Sharma, Sido Kanhu Murmu University Vice-Chancellor Prof. (Dr.) Rajeev Manohar, Sarala Birla University Vice-Chancellor Prof. (Dr.) Jaganathan Chockalingam, Shri Bipin Kumar Rai, Shri Manrakhan Mahto and Shri Vishnu Agarwal were present as distinguished guests.

The programme was presided over by Dr. Nitin Madan Kulkarni, IAS, President, YHAI Jharkhand State Branch. In his welcome address, he said the awards recognise individuals whose exceptional contributions have brought pride to Jharkhand and inspired future generations. YHAI Vice-President Shri Sunil Sahu welcomed the dignitaries with bouquets and mementoes.

Addressing the gathering, Hon'ble Union Minister Shri Sanjay Seth praised the achievements of India's youth and said such platforms promote a culture of excellence. In his keynote address, Hon'ble Governor Shri Santosh Kumar Gangwar stated that honours celebrate not only individual achievements but also the values of dedication, leadership and service to society. He appreciated the efforts of the Youth Hostels Association of India in nurturing leadership, discipline, national integration and social responsibility among the youth.

Seventeen eminent personalities from the fields of education, cinema, journalism, healthcare, sports, literature, social service, renewable energy and event management were felicitated with the Jharkhand Excellence Awards-2026. The programme also featured a presentation on YHAI's national and international activities, including trekking, mountaineering, adventure sports, environmental conservation and youth development. The vote of thanks was delivered by Shivendra Dubey.



**Ranchi LifeStyle**  
Jharkhand's first English monthly lifestyle magazine!

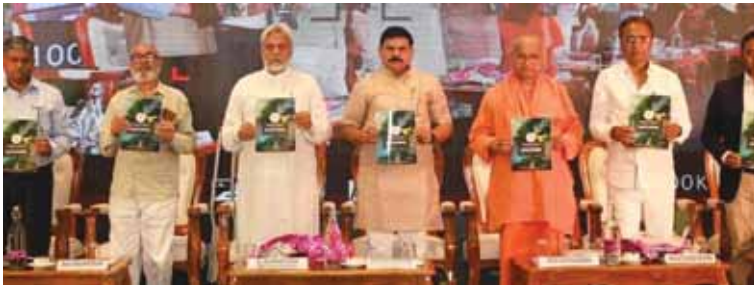
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### **FROM WATER WARNINGS TO GREEN SOLUTIONS: RANCHI DIALOGUE SPOTLIGHTED THE URGENCY OF ENVIRONMENTAL ACTION**

Environmental sustainability, water conservation and ecological responsibility took centre stage at a seminar-cum-interactive dialogue organised by Abua Adhikar Manch at BNR in Ranchi. The programme brought together policymakers, environmentalists, academicians and social leaders to deliberate on the theme "Environmental Crisis and Insights." Addressing the gathering, Union Minister of State for Coal Satish Chandra Dubey emphasised that maintaining ecological balance was essential for a sustainable future. He urged citizens to actively participate in tree plantation drives and ensure the protection of green cover, highlighting that environmental responsibility must become a collective social commitment.

Referring to Prime Minister Narendra Modi's "Ek Ped Maa Ke Naam" campaign, the minister said the initiative was yielding

encouraging results and helping strengthen environmental awareness across the country. He also stressed the importance of promoting indigenous tree species and expanding green spaces to address growing ecological challenges. The seminar featured insightful discussions by environmental experts, educators and policymakers on the urgent need to balance development with environmental conservation. Renowned water conservationist Rajendra Singh expressed concern over the state's rapidly emerging water crisis, warning that nearly 60 percent of Jharkhand's groundwater reserves had already been depleted. He advocated large-scale rainwater harvesting, construction of small water-retention structures and the formation of community-led "Water Panchayats" to strengthen local water management. Rajendra Singh emphasised that sustainable development would only be possible if environmental protection remained an integral part of growth strategies. The event was attended by several distinguished personalities, including Swami Bhaveshananda Maharaj, Prof. Rajeev Manohar and Prof. Saroj Sharma, along with academicians, social activists and students.



### **FROM RANCHI TO THE NATIONAL SUMMIT: IHM RANCHI EMERGED AS INDIA'S TOP GOVERNMENT HOSPITALITY INSTITUTE**

Adding another feather to Jharkhand's cap, Institute of Hotel Management Ranchi achieved a significant national milestone after being recognised as the "Top Hotel Management Government Institute of India" in the CSR Ranking Survey 2026. Operated under the Tourism Department

of the Government of Jharkhand, the institute earned the prestigious recognition for its outstanding placement record, industry-oriented training model, experienced faculty, modern infrastructure and commitment to quality hospitality education. The achievement further strengthened IHM Ranchi's reputation as one of the country's leading destinations for aspiring hospitality professionals.

Over the years, the institute has consistently built a strong presence in national rankings and academic assessments. IHM Ranchi had previously secured top honours in the CSR rankings in 2025, 2024 and 2023, reflecting its sustained excellence in hospitality education. The institute was also recognised as a Best Emerging College in the India Today Ranking Survey in consecutive years and featured among the top government hotel management institutes in Eastern and Central India in the GHRDC Ranking Survey. These achievements highlighted the institution's growing influence in shaping the future workforce of India's hospitality sector.

Beyond academics and placements, the institute has also played an important role in promoting Jharkhand's culinary heritage on larger platforms. Its efforts to showcase traditional Jharkhandi cuisine at national and international levels have received recognition from the India Book of Records. Speaking on the achievement, Dr. Bhupesh Kumar described the award as a proud moment for the entire state and credited the continued support and guidance of the Tourism Department for the institute's success. The recognition once again underscored Ranchi's growing stature in the field of hospitality and professional education.



## BUILDING A FUTURE FOR ALL: EIDF HOSTS NATIONAL SEMINAR ON HUMAN RIGHTS AND INCLUSION

The Eastern India Development Forum (EIDF) organised a national seminar on “Inclusive Development and Human Rights: Towards Building a Sustainable and Just Society with Equality and Dignity” at Umanand Auditorium, Diamond City, Oyna, Ranchi. Centred on the timeless Indian philosophy of “Vasudhaiva Kutumbakam”, the seminar brought together nearly 300 delegates from different parts of the country for meaningful deliberations on human rights, social justice and inclusive development.

The programme commenced with the ceremonial lighting of the lamp by Justice Dr. Bidyut Ranjan Sarangi, former Chief Justice of the Jharkhand High Court and Member of the National Human Rights Commission; Nesha Oraon, Commissioner of Commercial Taxes, Government of Jharkhand; EIDF Chairman Sanjeev Kumar; Dr. Sita Kumari, Secretary of Diya Seva Sansthan; social activist Manoj Jena; and programme coordinator Arnav Sinha.

The seminar served as a national platform for dialogue among jurists, academicians, administrators, social activists, industry representatives and emerging youth leaders. Discussions focused on the contemporary landscape of human rights, social justice and the need to ensure that the benefits of development reach every section of society, particularly communities at the grassroots.

A special felicitation ceremony was also held to recognise individuals for their noteworthy contributions across fields including sports, journalism, public service, justice, grassroots leadership and social work. Among those honoured were international football player Anita Kumari, senior journalist Kavilas Baitha, Mukhiya Sadho Oraon, senior advocate Narendra Kumar and several other distinguished personalities.





**Justice Dr. Bidyut Ranjan Sarangi, Member, National Human Rights Commission and Former Chief Justice of Jharkhand High Court:**

Justice Sarangi said that every individual has the fundamental right to live with dignity and happiness. Emphasising that human rights are both a legal and moral responsibility, he said true development is possible only when everyone receives equal opportunities and respect. Referring to "Vasudhaiva Kutumbakam," he called for collective efforts to build an inclusive society and realise the vision of Viksit Bharat 2047.



**Nesha Oraon, Commissioner of Commercial Taxes, Government of Jharkhand:**

Oraon said that development should not be measured merely through economic growth or statistics, but through social justice, equal opportunities and participation for all. She also stressed the importance of empowering women and marginalised communities while preserving the rich culture, traditions and heritage of tribal and indigenous societies.



**Sanjeev Kumar, Chairman, Eastern India Development Forum:**

Kumar said the Forum is working to advance industry, education, social upliftment and economic development across Eastern India. He emphasised that stronger coordination between the government and society is essential to achieve meaningful and inclusive development.



**Dr. Sita Kumari, Secretary,  
Diya Seva Sansthan:**

Dr. Kumari said development becomes truly meaningful when rights and the benefits of government schemes reach people at the grassroots. She also highlighted the need to increase awareness about rights in rural areas.



**Manoj Jena, President,  
HRF India:**

Jena highlighted the evolution of the human rights framework globally and in India, while noting that human rights violations remain a concern. He stressed that alongside legal safeguards, greater social awareness and continuous collective efforts are essential for protecting human rights.

The seminar concluded with a collective emphasis on the enduring relevance of "Vasudhaiva Kutumbakam" in building a society rooted in equality, dignity, justice and compassion. The gathering underlined that the journey towards Viksit Bharat 2047 must be driven not merely by economic progress but also by inclusive governance, social responsibility and active public participation.

The programme concluded with a vote of thanks by young entrepreneur Arnab Sinha. The organisers also acknowledged the contributions of Amit Kumar, Anju Sinha, Manisha Kumari, Vishal Kumar, P. N. Prasad, and the teams of the Eastern India Development Forum and Umanand Foundation for their role in the successful organisation of the seminar.



A photograph of a rainy forest scene. In the foreground, a pair of blue rain boots stands on a wet, reflective surface. A blue umbrella is open next to them, its surface glistening with raindrops. The background is a lush green forest with waterfalls and trees, all shrouded in a soft, misty rain. The overall mood is serene and refreshing.

# Enjoy the *Rains,* But Without Getting Sick

**A PRACTICAL GUIDE TO STAYING  
HEALTHY, SAFE AND ENERGETIC  
DURING THE MONSOON SEASON**

*The arrival of the monsoon is one of the most awaited times of the year. After weeks of scorching heat and high humidity, the first spell of rain brings a welcome sense of relief. The fragrance of wet earth, lush green landscapes, cool breezes, and cloudy skies create a refreshing atmosphere that rejuvenates both mind and body. In cities like Ranchi, where the monsoon transforms waterfalls, forests, and parks into breathtaking destinations, the season is truly magical.*

*However, while the rains offer beauty and comfort, they also bring an increased risk of seasonal illnesses. Waterlogging, humidity, contaminated food and water, and mosquito breeding create ideal conditions for infections such as viral fever, flu, dengue, malaria, typhoid, and stomach-related diseases. Therefore, enjoying the monsoon responsibly is essential.*

*Here are some practical and effective tips to help you stay healthy throughout the rainy season*



### *Never step out without a raincoat or umbrella*

Monsoon weather is unpredictable. A bright sunny morning can quickly turn into a heavy downpour within minutes.

#### **ALWAYS CARRY:**

A sturdy umbrella

A lightweight raincoat

Waterproof footwear

Getting drenched repeatedly can lower your body's resistance, making you more susceptible to cough, cold, fever, and respiratory infections. Keeping rain gear handy not only keeps you dry but also prevents unnecessary exposure to sudden temperature changes.

### *Maintain excellent hand hygiene*

During the rainy season, bacteria and viruses spread more rapidly due to moisture and contaminated surfaces.

#### **PROTECT YOURSELF BY:**

Washing hands with soap for at least 20 seconds.

Using alcohol-based hand sanitizer when soap isn't available.

Cleaning hands before eating and after returning home.

Avoiding touching your face with unwashed hands.

Good hand hygiene is one of the simplest yet most effective ways to prevent stomach infections and viral illnesses.



### *Stay hydrated even when you don't feel thirsty*



Many people mistakenly reduce their water intake during monsoon because the weather feels cooler. Your body still needs adequate hydration.

#### **AIM FOR:**

6–8 glasses of safe drinking water daily.

Prefer boiled or filtered water.

Drink lukewarm water whenever possible.

#### **HEALTHY FLUIDS INCLUDE:**

Herbal tea

Green tea

Fresh soups

Lemon water

Coconut water (from hygienic sources)

Warm milk

Proper hydration supports digestion, strengthens immunity, improves metabolism, and helps flush out toxins.

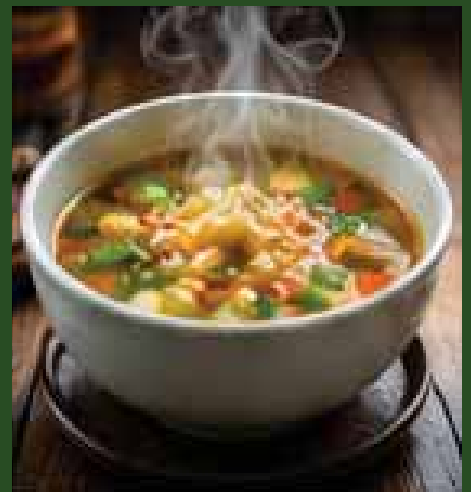
### *Choose homemade food over street food*

The aroma of hot pakoras, samosas, momos, and chaat during rainy evenings is difficult to resist. However, monsoon is also the season when food contamination increases significantly.

Street food may be exposed to dust, dirty rainwater, flies, contaminated oil, and improper storage.

Instead, choose freshly cooked homemade meals, seasonal fruits, protein-rich foods, whole grains, and fresh vegetables. Foods rich in Vitamin C such as oranges, lemons, amla, guava, and kiwi help strengthen immunity and protect against infections.

Enjoy your favourite snacks occasionally-but always in moderation and from hygienic outlets.



### *Wash fruits and vegetables thoroughly*



Rainwater often carries dirt, pesticides, and harmful microorganisms onto fruits and vegetables.

#### **ALWAYS:**

Wash produce under running water.

Soak fruits and vegetables in clean water before use.

Peel fruits whenever possible.

Cook vegetables properly.

Leafy vegetables like spinach, cabbage, and lettuce require extra attention because mud and bacteria can remain trapped between the leaves. If consumed, clean each leaf carefully before cooking.

### *Protect your home from mosquitoes*

Monsoon is breeding season for mosquitoes, which transmit dangerous diseases including dengue, malaria, and chikungunya.

#### **SIMPLE PREVENTIVE MEASURES INCLUDE:**

Do not allow water to stagnate around your home.

Empty flower pots, coolers, buckets, and containers regularly.

Install window screens.

Use mosquito nets while sleeping.

Apply mosquito repellents when stepping outdoors.

Also keep your surroundings clean to discourage insects such as cockroaches, ants, flies, and other pests that thrive during humid weather.





### *Change out of wet clothes immediately*

Even the best umbrella may not protect you from heavy rain.

Change into dry clothes immediately.

Dry your hair properly.

Avoid sitting in air-conditioned rooms while wearing damp clothes.

Wear clean cotton clothing that allows the skin to breathe.

Keeping an extra pair of clothes, socks, and a small towel in your office bag or vehicle can be extremely helpful during unexpected showers.

### *Wear comfortable and waterproof footwear*

Walking through waterlogged streets exposes your feet to bacteria and fungal infections.

Choose waterproof sandals, quick-drying footwear, and anti-slip soles.

#### **AFTER RETURNING HOME:**

Wash your feet with clean water.

Dry them thoroughly, especially between the toes.

Apply antifungal powder if necessary.

Avoid wearing wet socks for long periods as they encourage fungal growth.



### *Strengthen your immunity naturally*

A strong immune system is your body's best defence against seasonal illnesses.

#### **INCLUDE IMMUNE-BOOSTING FOODS SUCH AS:**

Ginger

Turmeric

Garlic

Tulsi (Holy Basil)

Black pepper

Cinnamon

Yogurt (if tolerated)

Fresh fruits

Nuts and seeds

Regular consumption of balanced meals rich in vitamins, minerals, antioxidants, and proteins helps your body fight infections more effectively.



### *Keep your surroundings clean*

Clean surroundings reduce the spread of germs and disease-causing organisms.

#### **REMEMBER TO:**

Dispose of garbage daily.

Keep dustbins covered.

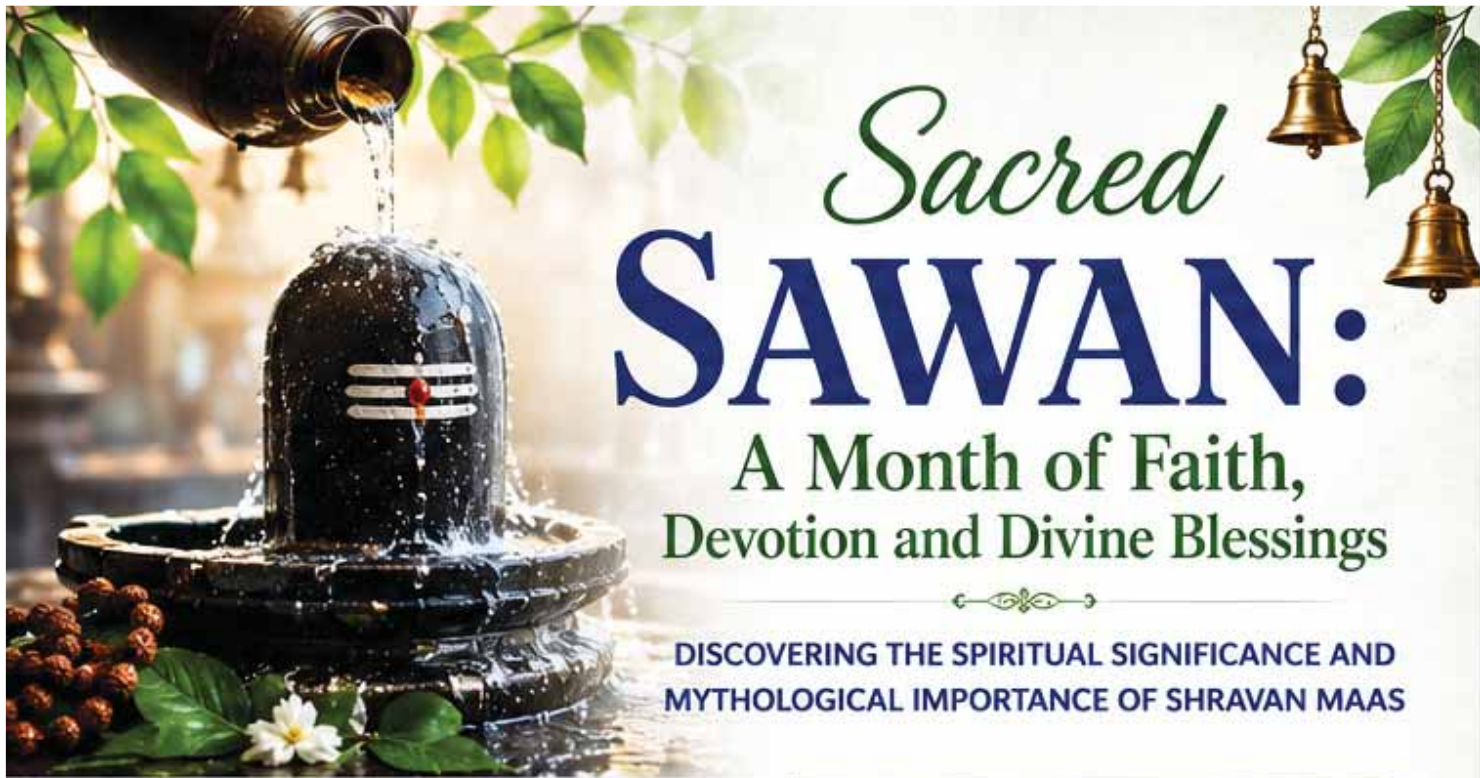
Dry damp areas inside the house.

Clean bathrooms regularly.

Ensure proper ventilation to reduce mould growth.

A clean environment contributes significantly to overall health during humid weather.





**S**awan, also known as Shravan Maas, is one of the holiest months in the Hindu calendar and is dedicated to the worship of Lord Shiva. Arriving with the refreshing monsoon rains, this sacred month symbolizes renewal, purity and spiritual awakening. Across India, devotees visit Shiva temples, observe fasts, chant "Om Namah Shivaya" and perform Jalabhishek, offering holy water, milk and Bel leaves to the Shiva Lingam while seeking blessings for health, happiness, prosperity and inner peace

The spiritual importance of Sawan is deeply rooted in Hindu mythology, particularly the story of the Samudra Manthan (Churning of the Cosmic Ocean). According to the Puranas, when the gods and demons churned the ocean in search of the nectar of immortality, a deadly poison called Halahala emerged first. To save the universe from destruction, Lord Shiva consumed the poison. Goddess Parvati gently held His throat to prevent the poison from spreading through His body, causing His neck to turn blue and earning Him the name Neelkanth. To soothe the intense heat of the poison, devotees poured sacred water over Lord Shiva, giving rise to the tradition of Jalabhishek, which continues to be one of the most significant rituals during Sawan.



Samudra Manthan

### Significance of Sawan



Faith in  
Lord Shiva



Purification through  
prayers and rituals



Inner peace and  
spiritual growth



Harmony, humility  
and compassion

Another cherished legend tells of Goddess Parvati's unwavering devotion and penance to win Lord Shiva as her husband. Her dedication and perseverance ultimately pleased Lord Shiva, making their divine union a symbol of eternal love and commitment. Inspired by this story, many unmarried women observe Sawan Somvar Vrat in the hope of finding an ideal life partner, while married women pray for the well-being and longevity of their husbands.



The month of Sawan is also marked by the famous Kanwar Yatra, during which millions of devotees carry holy Ganga water to offer at Shiva temples. In Jharkhand, temples such as Baba Baidyanath Dham in Deoghar and Pahari Mandir in Ranchi witness thousands of pilgrims and devotees during this sacred period. Beyond rituals, Sawan teaches the timeless values of sacrifice, patience, humility and compassion, reminding us that true devotion lies not only in worship but also in leading a life filled with kindness, faith and harmony.

In Jharkhand, temples such as Baba Baidyanath Dham in Deoghar and Pahari Mandir in Ranchi witness thousands of pilgrims and devotees during this sacred period.

“Sawan teaches us that true devotion lies not only in rituals and prayers but also in living a life of kindness, faith and harmony with all.”

**BABA BAIDYANATH DHAM, DEOGHAR**



One of the twelve Jyotirlingas, Baba Baidyanath Dham attracts lakhs of Kanwariyas who offer Ganga jal to Lord Shiva with deep faith and devotion.

**PAHARI MANDIR, RANCHI**



Situated atop a hill, Pahari Mandir offers a serene spiritual experience and a panoramic view of Ranchi city, especially beautiful during the monsoon.

Beyond rituals, Sawan teaches the timeless values of sacrifice, patience, humility and compassion, reminding us that true devotion lies not only in worship but also in leading a life filled with kindness, faith and harmony. May this Sawan bring happiness, good health, prosperity and divine blessings to you and your family.



### DEEPIKA PADUKONE SETS A NEW BENCHMARK, SHOOTS ACTION SEQUENCES FOR RAKA DURING SEVEN-MONTH PREGNANCY

Bollywood star Deepika Padukone is making headlines after reportedly filming high-intensity action sequences for her upcoming film Raka while seven months pregnant. Her dedication, professionalism and determination have drawn widespread admiration across the film industry and among fans. By continuing to perform demanding scenes under expert supervision, Deepika has set a remarkable example of commitment to her craft. Her inspiring effort has once again reinforced her reputation as one of India's most hardworking and fearless actresses, raising expectations for Raka.



### SUPRIYA PATHAK OPENS UP ABOUT HER BOND WITH STEPSON SHAHID KAPOOR

Veteran actress Supriya Pathak has shared heartfelt insights into her relationship with stepson Shahid Kapoor, saying, "He is not my son, but our bond goes beyond labels." Emphasising mutual respect, affection and understanding, she revealed that their relationship has grown naturally over the years without expectations or pressure. Supriya praised Shahid's warmth and maturity, adding that family relationships are built on love rather than definitions. Her candid remarks have been appreciated by fans for reflecting emotional honesty and mutual respect.

### SUPREME COURT RELIEF CLEARS WAY FOR SHAH RUKH KHAN'S 'MANNAT' EXPANSION

Bollywood superstar Shah Rukh Khan has reportedly received relief from the Supreme Court in the legal dispute surrounding the renovation of his iconic Mumbai residence, Mannat, valued at around ₹250 crore. The decision is expected to allow the actor to proceed with plans to add two more floors to the landmark bungalow, subject to applicable regulations and approvals. The development has delighted fans, who eagerly await the transformation of one of Bollywood's most celebrated celebrity homes.



### ALIA BHATT REPORTEDLY JOINS SOHUM SHAH'S TUMBBAD 2, RAISING EXCITEMENT FOR 'PRALAY'

Buzz around Tumbbad 2 has intensified with reports that Alia Bhatt may join Sohum Shah in the much-awaited horror sequel. Following the terrifying legacy of Hastar, the new chapter is expected to introduce a mysterious force named 'Pralay,' promising an even darker and more gripping cinematic experience. Although the makers have not officially confirmed the casting, the speculation has generated massive excitement among fans. The sequel is expected to elevate Indian horror with a larger scale, suspense and breathtaking visuals.



### 'JURASSIC PARK' STAR SAM NEILL PASSES AWAY AT 78; FAMILY REQUESTS PRIVACY

Veteran actor Sam Neill, best known for his unforgettable portrayal of Dr. Alan Grant in the Jurassic Park franchise, has passed away at the age of 78. His family announced that the beloved New Zealand actor died unexpectedly and requested privacy as they mourn their loss. Tributes have poured in from filmmakers, co-stars and fans worldwide, celebrating Neill's remarkable career spanning more than five decades. He leaves behind a lasting legacy through his iconic performances in film and television



### HIMESH PATEL BRINGS INDIAN REPRESENTATION TO THE ODYSSEY

British actor Himesh Patel, known for his acclaimed performances in Yesterday, Tenet and Station Eleven, is set to feature in the highly anticipated film The Odyssey. Of Indian-origin, Patel's inclusion marks another proud moment for South Asian representation in international cinema. His versatile acting skills and growing global reputation have earned him a place in the prestigious project, generating excitement among movie enthusiasts. Fans are eager to see him bring a fresh perspective to the epic cinematic adaptation.

### DUA LIPA'S HONEYMOON PHOTOS LEAK ONLINE, SPARK PRIVACY DEBATE

International pop sensation Dua Lipa has reportedly become the centre of online attention after private photographs from her honeymoon surfaced on social media. The leaked images quickly went viral, prompting widespread discussions about celebrity privacy and the ethical boundaries of sharing personal moments without consent. While fans expressed excitement over the couple's vacation, many also voiced support for respecting the singer's private life. Neither Dua Lipa nor her representatives have officially commented on the circulation of the photographs.



### TAYLOR SWIFT AND TRAVIS KELCE SPARK BUZZ WITH ELEGANT PUBLIC APPEARANCE

Global pop icon Taylor Swift and NFL star Travis Kelce turned heads with a glamorous public appearance, fueling widespread excitement among fans. Taylor looked stunning in a strapless gown, while Kelce complemented her style with a classic formal look. Social media was abuzz with photos of the couple, with many admiring their chemistry and fashion choices. Although online speculation described them as appearing "like newlyweds," neither Taylor Swift nor Travis Kelce has announced that they are married.

## Movie Review

### COCKTAIL 2

**Director:** Homi Adajania

**Cast:** Shahid Kapoor, Kriti Sanon, Rashmika Mandanna, Tiku Talsania

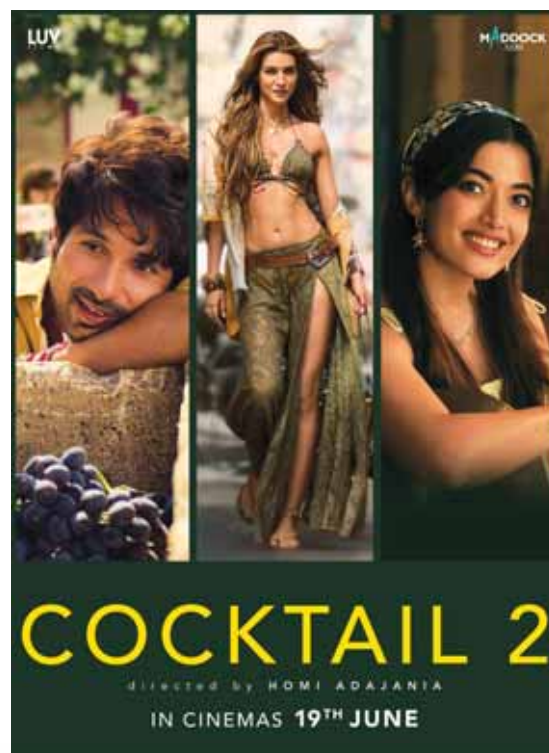
Cocktail 2 attempts to recapture the intoxicating, chaotic magic of the 2012 original, serving up a glossy modern romance set against picturesque backdrops in Sicily and India. The plot follows Kunal (Shahid Kapoor) and Diya (Rashmika Mandanna), a long-term live-in couple whose stable relationship hits a turbulent roadblock. Spurred by insecurity over an offhand joke, Diya tasks her free-spirited, bohemian friend Ally (Kriti Sanon) with testing Kunal's loyalty. What starts as a clever tactical plan quickly spirals into an emotional rollercoaster.

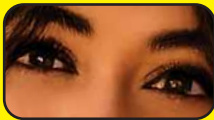
While the narrative leans heavily on a contrived and predictable love-triangle template, the film manages to stay afloat thanks to its technical and aesthetic appeal. Santhana Krishnan Ravichandran's cinematography treats viewers to gorgeous Mediterranean vistas, and Pritam delivers a vibrant, catchy soundtrack that fits the youthful moodboard.

Performances are a mixed cocktail. Shahid Kapoor brings considerable charm and anchors the third act with a mature concluding perspective on commitment versus boredom. However, it is Kriti Sanon who steals the spotlight as the spirited Ally, injecting much-needed vitality into the screenplay.

Rashmika Mandanna plays Diya with earnestness, though her character suffers from uneven writing.

Ultimately, while the film occasionally stumbles through pacing issues and an identity crisis in its tonal shifts, it remains a breezy, visually appealing romantic drama that offers an entertaining one-time watch.





- A) JANHVI KAPOOR
- B) RAKUL PREET SINGH
- C) TRIPTII DIMRI
- D) NONE OF ABOVE

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- C) FIROJA D) AMAN PANDEY



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## Upcoming Bollywood Movie

### AWARAPAN 2

August 14, 2026. | Directed by Nitin Kakkar

**Awarapan 2** is the much-awaited sequel to the 2007 cult romantic thriller Awarapan. Directed by **Nitin Kakkar**, the film marks the return of **Emraan Hashmi** as Shivam, alongside **Disha Patani** and **Shabana Azmi** in pivotal roles. Produced by Vishesh Films, the movie promises an emotional story of love, sacrifice and redemption, while retaining the soulful essence of the original. **Awarapan 2** is scheduled for a theatrical release on **14 August 2026**, making it one of Bollywood's most anticipated releases of the year.



### INSIDIOUS: OUT OF THE FURTHER

August 21, 2026 | Directed by Jacob Chase

**Insidious: Out of the Further** is the sixth installment in the acclaimed Insidious horror franchise, taking audiences deeper into the terrifying supernatural realm known as **The Further**. Directed by **Jacob Chase**, the film stars **Amelia Eve**, **Brandon Perea**, **Maisie Richardson-Sellers**, **Sam Spruell**, and **Lin Shaye**, who reprises her iconic role as Elise Rainier. Promising chilling scares and fresh supernatural horrors, the film is set to haunt theatres worldwide on **21 August 2026**.



Upcoming Hollywood Movie

Music Review

### SONG REVIEW: TUJHKO – COCKTAIL 2

**Tujhko** is a soulful romantic melody from the upcoming film **Cocktail 2**, beautifully sung by **Arijit Singh** and **Sunidhi Chauhan**. Composed by **Pritam** with heartfelt lyrics by **Amitabh Bhattacharya**, the song perfectly captures the emotions of love, longing and togetherness. Featuring **Shahid Kapoor**, **Rashmika Mandanna** and **Kriti Sanon**, its soothing music and expressive vocals make it an instant favourite. **Tujhko** blends contemporary romance with timeless melody, making it one of the standout tracks of the film's soundtrack.



## CITY GUIDE



## EMERGENCY

### AIRLINES

|                              |             |
|------------------------------|-------------|
| AirIndia (Toll Free) .....   | 18001801407 |
| GoAirways,Ranchi.....        | 2253346     |
| GoAirways (Toll Free).....   | 9223222111  |
| Indigo,Ranchi.....           | 2251002     |
| Indigo (Toll Free).....      | 9910383838  |
| Jet Airways (Toll Free)..... | 1800225522  |

### AMBULANCE

|                                     |                     |
|-------------------------------------|---------------------|
| Medanta Hospital Ranchi, Irba ..... | 7123100             |
| Emergency.....                      | 102                 |
| Hill View Hospital, Bariatu.....    | 9431104724          |
| Nagarmal Modi Seva Sadan.....       | 2209570, 2207406    |
| Orchid Medical Center .....         | 9308745450          |
| Raj Hospital .....                  | 2331128, 9771494949 |
| RIMS, Bariatu.....                  | 2547260, 2541228    |
| Sadar Hospital, Main Road .....     | 2312618             |
| Santevita Hospital.....             | 3011222             |

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| Medanta Hospital Ranchi, Irba ..... | 7123135 |
| Birsa Blood Bank.....               | 2542437 |
| CCLHospital .....                   | 2230355 |
| Nagarmal Modi Seva Sadan.....       | 2207406 |
| RIMS, Bariatu.....                  | 2542928 |
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| Azad Pharmacy .....  | 2330144 |
| Jai Hind Pharma..... | 2540666 |

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| Emergency.....                  | 101     |
| Fire Station - Dhurwa .....     | 2409343 |
| Fire Station - Doranda .....    | 2490706 |
| Fire Station - Piska More ..... | 2411214 |

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| Police Deputy General Inspector ..... | 2490092          |
| S.S.P.....                            | 2200237, 2301102 |
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| S.P., Rural.....                      | 2200238, 2360324 |
| S.P., Traffic .....                   | 2206266          |
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| Doranda .....                         | 2481057          |

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| Ormanjhi .....       | 2576523 |
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| Sukhdev Nagar .....  | 2284509 |

### RAILWAYS

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| Reservation Enquiry, Ranchi..... | 2787098          |
| Enquiry, Hatia .....             | 2788599          |
| Enquiry, Ranchi.....             | 2787099, 2460488 |
| Reservation Enquiry, .....       | 136              |
| Station Manager, Hatia.....      | 2600091          |
| Station Manager, Ranchi .....    | 2460013          |

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Garikhana Chowk, Harmu, Ranchi  
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| AUTO CONCEPT, Lalpur.....         | 6207901897 |
| CN HONDA, Bariatu .....           | 9234002350 |
| CONCURRENT TVS, Purulia Rd .....  | 9031008434 |
| KETKI SUZUKI, ITI Bajra Rd.....   | 9471341122 |
| KUSH MOTOR, Harmu Rd .....        | 7520002701 |
| MAHALAXMI SUZUKI, Harmu Rd .....  | 6206804200 |
| NEWWAVE TORK, Kantatoli .....     | 9122539222 |
| PREMSONS BAJAJ, Booty More .....  | 9264447816 |
| PREMSONS BAJAJ, Kanke .....       | 9264447809 |
| PREMSONS BAJAJ, Khunti.....       | 9264443102 |
| PREMSONS BAJAJ, Main Rd.....      | 9771404324 |
| PREMSONS BAJAJ, Nagri .....       | 9264443107 |
| PREMSONS BAJAJ, Tupudana .....    | 9264443123 |
| PREMSONS HONDA, Harmu Rd .....    | 9771452801 |
| RAMSONS MOTORS, Harmu .....       | 8541050663 |
| SEEMA SUZUKI, Kokar .....         | 8678800111 |
| SINGH SUZUKI, Ratu Rd .....       | 9431176583 |
| SRI KRISHNA MOTOR, Birsa Cwk..... | 9798300927 |
| TIRUPATI TVS, Booty More .....    | 9431302270 |
| TORRENT BAJAJ, Main Rd .....      | 9204952300 |

### AUTOMOBILES (4W)

|                                     |            |
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| ANANTECH VENTURES LTD .....         | 9031056896 |
| APE ELECTRIC - PIAGGIO, Booty ..... | 7280055505 |

**K P AUTOMOBILES PVT. LTD.**  
HB Road, Kokar, Ranchi  
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|------------------------------------|------------|
| AUDI RANCHI, Purulia Rd.....       | 9124255300 |
| BASUDEV HONDA, Jail More .....     | 9431118467 |
| BUDHIA AGENCIES, Booty.....        | 7280055505 |
| DILIP - KIA .....                  | 8440958440 |
| FAIRDEAL HYUNDAI, Dipatoli.....    | 9204812084 |
| FAIRDEAL HYUNDAI, Kanke.....       | 7360012128 |
| HI TECH TRACTORS .....             | 9431114670 |
| HI-TECH EQUIPMENTS .....           | 9431585289 |
| JP HYUNDAI, Kadru .....            | 9155191555 |
| NEXA PREMSONS .....                | 9608800400 |
| PARAMPARA PIAGGIO, Khoratoli ..... | 9153886501 |
| PREMSONS & PODD. TRUCKING .....    | 9608800500 |
| PREMSONS MOTOR, Bariatu Rd .....   | 8252445566 |
| PREMSONS MOTOR, Kanke Rd .....     | 9334080575 |
| REPUBLIC HYUNDAI.....              | 7280055505 |

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## BEAUTY SALON & SPA



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| AR SALON, Kanke Rd .....                       | 7033096767   |
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| BE YOU SALON, Circular Rd.....                 | 9534222000   |
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| CHEVEUX VUITTON, Argora .....                  | 9199382111   |
| LIFE STYLE SALON, Dangratoli .....             | 9534118155   |
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| LOOKS SALON, Kanke Rd .....                    | 9155942422   |
| MAANSHREE MAKEOVER .....                       | 8102699896   |
| MAGMOON UNISEX SALON,<br>Morabadi .....        | 7488010960   |
| MAHOGANY SALON, Kokar .....                    | 0651 3182230 |
| MISHA GLAM MAKEOVER .....                      | 9065343178   |
| POSH HAIR & MAKEUP STUDIO,<br>Purulia Rd ..... | 6209009009   |
| STUDIO 11 SALON & SPA .....                    | 8797062679   |
| STYLEWOOD NXT SALON,<br>Bariatu Rd .....       | 8252220702   |
| STYLEWOOD UNISEX, Harmu.....                   | 9304466435   |
| STYLEWOOD UNISEX , Bariatu Rd .....            | 7004673895   |
| VLCC, Kanke Rd .....                           | 8092078118   |

## CLUB & GYMS



|                                 |                |
|---------------------------------|----------------|
| D GYM , Lalpur .....            | 9430734834     |
| EYLEX , Deoghar .....           | (06432) 240531 |
| EYLEX , Hinoo Ranchi .....      | 0651 2253051   |
| EYLEX , Mango, Jamshedpur ..... | 0651 2361557   |
| FITNESS MANTRA.....             | 8092076578     |
| FUN CINEMAS , Hinoo .....       | 8797008797     |

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| GOLDS GYM , Doranda.....       | 0651 2482134 |
| HEALTH FREAKS, Harmu .....     | 9152751481   |
| PLAZA , H B Rd.....            | 0651 2253050 |
| PVR CINEMAS , Lalpur .....     | 8800900009   |
| RANCHI CLUB , Main Rd.....     | 0651 2208999 |
| RANCHI GYM KHANA CLUB .....    | 0651 2275667 |
| SPARTAN , Karamtoli .....      | 8002641165   |
| SRS CINEMAS , Purulia Rd.....  | 7070992065   |
| SUJATA MINIPLEX , Main Rd..... | 0651 3244222 |
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| ALPINE INFOTECH, Cir. Rd .....                                   | 8797140301   |
| ASCOT INTERNATIONAL SCHOOL ,<br>Harmu Rd.....                    | 9534662000   |
| BERLIN PUBLIC SCHOOL , Kanke .....                               | 7004810794   |
| BISHOP WESTCOTT BOYS SCHOOL .....                                | 8092065002   |
| BISHOP WESTCOTT GIRL'S SCHOOL ,<br>Namkum .....                  | 9472774961   |
| BISHOP'S SCHOOL, Old H B Rd.....                                 | 9771498211   |
| CAMBRIDGE MONTESSORI .....                                       | 8580120003   |
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| DANCE WANCE.....                                                 | 7677766637   |
| IICC, Main Rd .....                                              | 9934611000   |
| J K INTERNATIONAL SCHOOL .....                                   | 8271880404   |
| KIDZEE, Ratu Rd .....                                            | 7779872222   |
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| MARY VANDANA COMPUTER INSTITUTE<br>Kokar .....                   | 7677438134   |
| METAS ADVENTIST COLLEGE & S.D.A.<br>HOS. - SCH. OF NURSING ..... | 9523311881   |
| METAS ADVENTIST SCHOOL,<br>Bariatu Rd.....                       | 9199440352   |
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| OAKVILLE ACADEMY, Purulia Rd .....                               | 9234198063   |
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| SEVEN STARS ACADEMY, Itki Rd.....                                | 9334173672   |
| WAMS MODELING INSTITUTE.....                                     | 8340714813   |
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| XAVIER INST. OF SOCIAL SER. ....                                 | 0651 2200873 |

## FASHION & STYLE

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| BIG SHOP, Main Rd .....                  | 0651 2330002 |
| BINODANAND FURNISHING,<br>Main Rd .....  | 6206097255   |
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| DRESS WORLD, Sujata Cwk .....            | 7209672596   |
| FIRAYALAL ...NXT, Argora Cwk .....       | 0651 2243717 |
| KHEM CHAND'S, Upper Bzr .....            | 0651 2220100 |
| KHYATI THE BOUTIQUE, Main Rd .....       | 9142532866   |
| KOMAL BOUTIQUE, Booty .....              | 9835852773   |
| MANISHAS BOUTIQUE, Main Rd.....          | 7033405962   |
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| OYE BABY, Plaza Cwk .....                | 9031113331   |
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| TOMMY HILFIGER , Main Rd .....           | 0651 2332675 |
| VAN HEUSEN , Kadru .....                 | 0651 2332372 |

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| VED TEXTILES & APPARELS,<br>Main Rd ..... | 9334721600   |
| WH MALL (WOOL HOUSE) ,<br>Main Rd.....    | 0651 2206721 |
| WORLD OF TITAN , Main Rd.....             | 0651 2331960 |

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| 24 CARROTS - Hotel AVN Grand, .....      | 9771461298   |
| ANAND VATIKA, Lalpur .....               | 9304307260   |
| AROMA - The Royal Retreat.....           | 8102918108   |
| BROADWAY - Jade Square .....             | 9798302181   |
| CHILL - Lelac Sarovar .....              | 9570000667   |
| DE SAFFRON - Hotel Aditya.....           | 8102286019   |
| DOSA PLAZA , Siromtoli Cwk .....         | 9934012505   |
| FLAVOURS - Lelac Sarovar.....            | 9570000654   |
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| HOOCH , Main Rd .....                    | 9835342224   |
| HOT LIPS , Hinoo .....                   | 7070196161   |
| HOT LIPS , Kanke Rd .....                | 9334310006   |
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| KAVERI, Main Rd .....                    | 0651 2330300 |
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| KURRY N GRILL .....                      | 9307817512   |
| MAA HOTEL DHABA, Deori .....             | 7004517771   |
| MATBIT SNACKS FOODS .....                | 7209406804   |
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| SHEILA - Hotel Arya .....                | 9264445977   |
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 ALAM HOSPITAL, Bariatu.....7070991111  
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 DENTAL SQUARE .....9006342412  
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 DEVKAMAL HOSPITAL, Itki Rd .....9204055638  
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 DR JAISWAL'S HOSPITAL,  
 Plaza Cwk .....9835164214  
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 Station Rd .....0651 6455555  
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 Bariatu .....8877300333  
 HEALTHCARE DIAGNOSTICS,  
 Lalpur.....7763802010  
 HILL VIEW HOSPITAL, Bariatu.....9431103939

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 ISPAT HOSPITAL MECON,  
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 KALPANA HEARING & SPEECH CLINIC,  
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 Hinoo .....7484091975  
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 Namkum .....8210353621  
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 H B Rd .....0651 7100100  
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 Bariatu .....6204450103  
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 Kantatoli .....7488185933  
 RANCHI DENTAL & POLYCLINIC,  
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 RANCHI UROLOGY CENTRE,  
 Bariatu .....7707006363  
 RANI CHILDREN HOSPITAL,  
 Bariatu .....9334432308  
 RANI HOSPITAL,  
 Karamtoli Cwk .....7677111010  
 RAO PILES CLINIC,  
 Hinoo .....8789228413  
 RIMS, Bariatu .....0651 2541533  
 RINPAS, Kanke .....0651 2450813  
 ROHINI DENTAL CLINIC & IMPLANT  
 CENTRE, Cir Rd .....9798429361  
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 SAMFORD HOSPITAL, Kokar.....9771496635  
 SANTEVITA HOSPITAL, H B Rd .....0651 3011111  
 SEVENTH - DAY ADVENTIST HOSPITAL,  
 Bariatu .....7070999612  
 SHINE DENTAL CLINIC .....9066180716  
 SHIVAYA AYURVED CHIKITSALAYA,  
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 RESEARCH CENTER .....7261824060  
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 ST. MICHAEL AUSADHI ANUSANDHAN  
 KENDRA, Kantatoli .....9006814203  
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 Bariatu .....8521056938  
 SWETA LAKRA SPEECH & HEARING  
 CLINIC, Main Rd .....7739716654  
 SYNERGY GLOBAL HOSPITAL,  
 Bariatu .....9341529415  
 TB ALLERGY & CHEST CLINIC,  
 Bariatu .....9905231710  
 THE MOVEMENT STUDIO,  
 Linetank .....8618135788

TIWARI CLINIC, Niwaranpur .....0651 3520101  
 ARYA, H.B. Rd.....9264445977

## HOTELS

AVN GRAND, Main Rd .....9771461298  
 BEENA INN, Station Rd .....7631700076  
 HARSH REGENCY .....8102560051  
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 HOTEL FOUR SQUARE .....9835710506  
 HOTEL JALSA GRAND .....9031528343  
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 HOTEL RAJ RESIDENCY, Kutchery .....7549999689  
 HOTEL THE PARK RETREAT .....9262565222  
 JADE SQUARE, Hinoo .....9798302181  
 JADE SQUARE, Hinoo .....97983 02181  
 LELAC SAROVAR PORTICO,  
 Linetank .....9570000654  
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 RETREAT CONTINENTAL, Main Rd .....7858801949  
 ROYAL HEIGHT, Kutchery Rd .....9304422111  
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 THE ROYAL HIEGHT, Kutchery.....9304422111  
 THE ROYAL RETREAT, Booty .....8102918108  
 THE ROYAL RETREAT, Booty .....8102918108

## JEWELLERS

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 A TATA PRODUCT  
**Circular Road**  
 Circular Road, Near Women's College, Ranchi  
 9279530006, 9234423800  
**Main Road**  
 GEL Church Complex, Main Road, Ranchi  
 0651 2331468 9234301099

**FORTUNE**  
 GEMS & JEWELLERY  
**+91 8002022698**  
 62B, Circular Road, Lalpur, Ranchi

ABHUSHAN JEWELLERS,  
 GEL Church .....0651 2332731  
 ABHUSHAN JEWELLERS,  
 Main Rd.....0651 2202452  
 FORTUNE GEMS & JEWELLERY,  
 Lalpur.....8002022698  
 G ALANKAR JEWELLERS,  
 Dipatoli .....9234894050  
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| MAA GAYATRI JEWELLERS,<br>Main Rd ..... | 9234864203 |
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**ARIES** This month encourages you to channel your energy into productive pursuits. Career prospects look promising, with recognition likely for your hard work. Financially, avoid impulsive spending and focus on long-term planning. Relationships flourish through honest communication, while family support strengthens your confidence. Health remains satisfactory, though regular exercise and adequate rest are essential. A short trip or new learning opportunity may bring exciting experiences.

**TAURUS** Stability returns after a period of uncertainty. Professional responsibilities increase, but your determination helps you achieve success. Financial gains may come through previous investments or delayed payments. Personal relationships become warmer, making this an ideal time to reconnect with loved ones. Maintain a balanced diet to avoid seasonal health issues. Creative pursuits and hobbies bring joy and mental relaxation.

**GEMINI** Communication becomes your greatest strength this month. Networking and collaboration open new doors professionally. Students and professionals alike will benefit from focused efforts. Financial matters remain stable, though avoid unnecessary risks. Romance blossoms for singles, while committed relationships grow stronger through mutual understanding. Prioritize sleep and hydration to maintain energy during the rainy season.

**CANCER** Your confidence steadily rises, helping you overcome challenges with ease. Career growth is likely through persistence and smart decision-making. Family matters demand attention but ultimately strengthen emotional bonds. Financial stability improves, making it a good period for careful investments. Practice mindfulness and avoid overthinking. Spending quality time with loved ones will bring happiness and emotional satisfaction.

**LEO** The spotlight remains on you as opportunities for leadership emerge. Your creativity earns appreciation at work, while business owners may secure valuable partnerships. Financial prospects improve gradually. Love life remains exciting, with memorable moments shared with your partner. Maintain a healthy lifestyle and avoid stress-related fatigue. Confidence and optimism become your greatest assets this month.

**VIRGO** Planning and discipline bring excellent results. Career responsibilities increase but also offer opportunities for advancement. Financially, cautious decisions will prove beneficial. Relationships improve through patience and understanding. Health requires attention to digestion and immunity, especially during changing weather. Reading, meditation and self-improvement activities enhance your overall well-being and inner

peace.

**LIBRA** Balance becomes the key theme of the month. Professional collaborations flourish, and teamwork leads to success. Financial matters remain comfortable with moderate gains. Your charm attracts positive attention, making this a favorable period for romance and social gatherings. Avoid unnecessary stress and prioritize mental wellness. Travel plans may materialize unexpectedly, bringing refreshing experiences.

**SCORPIO** Transformation continues as you embrace new opportunities. Career developments may require bold decisions, but your instincts guide you well. Financial growth is likely through disciplined planning. Personal relationships deepen with trust and emotional openness. Stay physically active to maintain stamina. Spiritual practices or quiet reflection provide clarity and renewed motivation.

**SAGITTARIUS** Adventure and learning define this period. Professional growth comes through expanding your skills and accepting fresh challenges. Financial prospects remain encouraging, though avoid impulsive purchases. Family life remains harmonious, while singles may meet someone special. Outdoor activities and fitness routines improve overall health. Stay optimistic and keep your long-term goals in focus.

**CAPRICORN** Patience and consistency help you achieve meaningful progress. Career responsibilities increase, bringing recognition from seniors. Financial planning yields positive outcomes, making it a suitable time for savings. Relationships benefit from honest conversations and shared responsibilities. Seasonal wellness requires attention to immunity and hydration. Trust your abilities and continue working steadily toward your ambitions.

**AQUARIUS** Innovation and creativity bring exciting possibilities. New ideas gain appreciation at work, while entrepreneurs may discover profitable ventures. Financial conditions remain stable with gradual improvement. Friendships and social connections become valuable sources of inspiration. Practice work-life balance to prevent exhaustion. Creative hobbies and travel refresh your mind and encourage personal growth.

**PISCES** This month encourages emotional healing and spiritual growth. Career progress comes through patience and dedication. Financial matters remain steady, though careful budgeting is advised. Relationships become more meaningful as empathy strengthens your connections. Health improves with regular exercise and nutritious meals. Trust your intuition, embrace positive changes and remain open to unexpected opportunities that lead to lasting success.

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